

PREPARING FOR YOUR FAMILY SESSION



LOCATION

A local park, your home, downtown, a playground, coffee shop, or an open field, the possibilities are endless for your family session! I will touch base with you 1-2 weeks before your session to confirm location, shooting time and details.

OUTDOOR

My outdoor sessions typically take place at sunset or sunrise. I have personal favorites that I can suggest but I also love shooting at a new location. Shooting at sunset or sunrise provides that gorgeous light. Sunset tends to get late for some families in the summer. Please plan to have your child nap later in the day or consider sunrise for your session. As a mama of two children, I know how hard it is to get out the door on time. Plan to arrive on time and ready to start your session. Your session is scheduled according to the light so please plan for traffic etc. Lastly, we are often shooting in

tall grass or fields so please apply or bring bug spray for your family. If you prefer to avoid tall grass, let me know prior to picking a location.



IN-HOME

If we are shooting in your home, we usually start around 10 am but that timing is flexible. We often times can grab some images outdoors too. I am not expecting to walk into a perfectly clean home! I know how hard it can be just to get everyone ready, yet alone clean your home! I recommend choosing 2-3 rooms to declutter. Remember, it does not have to be perfect! Sometimes clearing nightstands or moving large items you would not want in images is enough. I will also move things if I need to on the day of your session. I will choose shooting locations based on the natural light in that room during our session.



WARDROBE

Your clothing should reflect your family style! I always recommend that mom finds something she feels amazing in, then work the rest of the family off of that.

- Try coordinating versus everyone matching!
- Avoid neon/bright colours and clothing with words/large logos on the front.
- Remember to dress for your settings.

For in home sessions, keep it neutral and comfy! Choose clothing that everyone can cuddle up in on the floor or on the couch. Barefoot or neutral sock is the best for this type of session.

For outdoor sessions, please remember to dress for the weather. A cold baby will not be happy and it will show in your images.

I am happy to help with any clothing questions or concerns. I encourage you to send me outfits choices if you need help. I can give simple suggestions or my favorite places to shop!



CHILDREN

One thing you will NOT hear me say to your child is “say cheese”. I never force a child to sit still and smile at the camera. Every child is different, so I try to do what works best for each one. Some children take some time to warm up and some are ready to go! I am more than happy to give a shy child the time that they need. Some children want to be held by mom the whole time and that is perfectly ok too! There is also time to run, play games, or have a mess free snack, if needed. This session is a time to relax and just be with your children and partner. I am not expecting perfectly behaved children. Trust me when I say, the chaos brings emotion and movement to your images. I will guide you and your family in poses but it is also ok for you to just be natural with your spouse and children. Sing, talk, or play with family just as you would if I was not present. Being yourselves is what will create the images you love. There are no rules or expectations! I will guide you and the rest will go from there, I promise!!

AFTER YOUR SESSION

Once your session is complete, I will post a sneak peek on Facebook and Instagram, usually by the following day. You are welcome to share this post with family and friends! Once your gallery is complete, typically within 2-4 weeks, you will receive an email for access to a private online gallery for you to select the images from (Number of images will depend on what type of session or collection you have chosen). Once selected, it will be open for download for 2 weeks.

I highly recommend printing your images through me or a high quality printer such as Pikto.com. I cannot guarantee colour quality at places like Walmart, etc.

